



MEMBER SALE ITEMS DEC 3 - DEC 28



	SALE	REG	SAVE
ITHACA COLD HUMMUS CLASSIC	4.49	5.49	1.00
ITHACA COLD HUMMUS LEMON DILL	4.49	5.29	0.80
ITHACA COLD HUMMUS SMKD CHIPOTLE	4.49	5.49	1.00
ITHACA COLD HUMMUS LEMON GARLIC	4.49	5.29	0.80
LIFEWAY KEFIR LF BLUEBERRY ORG	4.49	5.69	1.20
LIFEWAY KEFIR LF STRAWBERRY ORG	4.49	5.69	1.20
ABSOLUTELY GF CRACKERS ORIGINAL	4.29	4.99	0.70
BAR HARBOR MANHATTAN CLAM CHOWDER	3.69	4.29	0.60
BAR HARBOR CLAM JUICE 8 OZ	2.69	3.29	0.60
BAR HARBOR NE CHOWDER CLAM	3.69	4.29	0.60
BAR HARBOR CLAM WHOLE CHERRY STONE	2.69	4.49	1.80
BAR HARBOR SOUP LOBSTER BISQUE	3.69	4.29	0.60
BAR HARBOR LOBSTER CORN CHOWDER	3.69	4.29	0.60
BAR HARBOR SOUP CHOWDER CORN	3.69	4.29	0.60
BAR HARBOR SOUP CRAB BISQUE	3.69	4.29	0.60
LOVE BUZZ ORG COFFEE BEANS	8.99	9.49	0.50
EQUAL EXCHG CHOCOLATE BAR W MINT	3.29	3.69	0.40
EQUAL EXCHG CHOCOLATE EXTREME DARK	3.29	3.69	0.40
FLAVORGANICS EXTRACT ALMOND 2 OZ	5.29	6.49	1.20
FLAVORGANICS EXTRACT LEMON 2 OZ	5.29	6.49	1.20
FLAVORGANICS EXTRACT PEPPERMINT 2 OZ	5.29	6.49	1.20
FLAVORGANICS EXTRACT VANILLA 2 OZ	7.69	8.99	1.30
GIA RUSSA BALSAMIC GLAZE	6.99	8.49	1.50
CHIP VEGGIE	2.99	3.99	1.00
GOODIE GIRL COOKIE CHOCOLATE CREME	4.69	5.99	1.30
GRN & BLACK CHOC BAR DARK 70%	3.69	4.49	0.80
GRN & BLK CHOC BAR ORG 85%	3.69	4.29	0.60
KING ARTHUR FLOUR WW WHITE 5 LB	6.49	7.49	1.00
KING ARTHUR FLOUR UNBLEACHED ALL	5.99	6.99	1.00

MARY'S GONE CRACKERS GF ORGNL ORG	4.99	5.69	0.70
MED ORGANICS CAPER WHOLE WILD	2.99	3.69	0.70
MED ORGANIC OLIVE BLK KALAMATTA PTTD	4.69	5.29	0.60
MED ORGANICS OLIVE BLACK NATURAL	4.69	5.29	0.60
POWELL & MAHONEY PEACH BELLINI	7.49	7.69	0.20
PRINCE OF PEACE TEA GINGR HNY CRYSTALS	3.29	4.49	1.20
SIPP SPRKL BEV MOJO BERRY 4 PK	6.49	7.99	1.50
SIPP SPRKL BEV SUMMER PEAR 4 PK	6.49	7.99	1.50
SIPP WATER LEMON BLK TEA MNT 6PK	4.49	5.99	1.50
TONYS CHOCOLONELY BAR MLK CHOC CRML	1.69	1.99	0.30
TONYS CHOCOLONLEY BAR MLK CHOC 32%	4.49	4.99	0.50
TONYS CHOCOLONELY BAR MILK CHOC	1.69	1.99	0.30
TONYS CHOCOLONELY DK CHOC ALMD SEA SLT	4.49	4.99	0.50
TONYS CHOCOLONLELY BAR CHOC MLK CRML	4.49	4.99	0.50
WOLFGANG PUCK SOUP CHICKEN & DMPL	2.69	3.29	0.60
WOLFGANG PUCK SOUP BUTTERNUT SQSH	2.69	3.29	0.60
WOLFGANG PUCK SOUP FRENCH ONION	2.69	3.29	0.60
WOLFGANG PUCK SOUP TORTILLA	2.69	3.29	0.60
NOOTREES WIPE SKIN ANTI AGING	3.49	3.99	0.50
NOOTREES WIPE SKIN SPA	3.49	3.99	0.50
NUTIVA OIL BODY COCONT UNSCENTD	7.99	9.99	2.00
NUTIVA OIL BODY COCONT GINGER	7.99	9.99	2.00
NUTIVA OIL BODY COCONT GRAPFRUIT	7.99	9.99	2.00
NUTIVA OIL BODY COCONT LAVENDER	7.99	9.99	2.00
WOOBAMBOO TOOTHBRUSH ADULT MED	2.69	3.69	1.00
WOOBAMBOO TOOTHBRUSH ADULT SOFT	2.69	3.69	1.00
WOOBAMBOO TOOTHBRUSH KID SPRSF	3.69	4.99	1.30
LILY OF THE DESERT STOMACH FORMULA ORG	14.99	17.99	3.00
LILY ALOE VERA ORG 128 OZ	21.99	27.99	6.00
PB8 VEGETARIAN 120 CT	17.99	20.99	3.00
PB8 ACIDOPHILUS 60 CT	11.99	12.99	1.00
FIBER PSYLLIUM HUSKS	12.99	13.99	1.00
FIBER POWDER PSYLLIUM HUSK	11.99	12.99	1.00
LOZENGES HRBL CHERRY ECHIN ZINC	1.99	2.69	0.70
LOZENGES HRBL ELDRBRY ZINC	1.99	2.69	0.70

DOGSWELL DOG CHICHEN SWT POT CAN	2.29	2.69	0.40
DOGSWELL CHICKEN OATS VITAL BAG	10.99	12.99	2.00
DOGSWELL DUCK & SWEET POT BAG	2.29	2.69	0.40
HAPPY HIPS TREAT DOG CHICKEN JERKY	5.49	6.49	1.00
HAPPY HIPS TREAT DOG DUCKY JERKY	5.49	6.49	1.00
GOOD DAY CHOC SUPP ENERGY 8P	2.69	3.29	0.60
GOOD DAY CHOC SUPP TURMERIC	2.69	3.29	0.60
QUANTUM SOFTGELS SEE LUTEIN	10.99	12.99	2.00
QUANTUM SOFTGELS DIGITAL BLUE	18.99	20.99	2.00
QUANTUM SOFTGELS MACULAR 30	27.99	30.99	3.00
QUANTUM LOZENGES THERAZINC ORNG	5.29	5.69	0.40
QUANTUM LOZENGES THERAZINC ELBRRY	5.29	5.69	0.40
DR BRONNER TOOTHPASTE TRAVEL PPP	1.99	2.29	0.30
DR BRONNER TOOTHPASTE CINNAMON	4.99	5.99	1.00
BRONNERS TOOTHPASTE PEPPERMINT	4.99	5.99	1.00
DR BRONNER TOOTHPASTE ANISE	4.99	5.99	1.00