

Produce

☐	Arugula
☒	Asparagus
☒	Avocados
☒	Basil
☐	Bell Peppers - Green
☒	Bell Peppers - Orange
☒	Bell Peppers - Red
☐	Bell Peppers - Yellow
☒	Braising Greens
☒	Broccoli Crowns
☒	Brussels Sprouts
☒	Cabbage - Green
☒	Cabbage - Red
☒	Carrots - Baby
☒	Carrots - Bagged
☒	Cauliflower
☒	Celery
☒	Chard
☒	Cilantro
☐	Cucumber
☒	Dill
☒	Eggplant
☒	Garlic
☒	Ginger
☒	Lettuce
☒	Horseradish
☒	Kale - Green
☒	Kale - Lacinato

☒	Leeks
☒	Mushrooms - Crimini
☒	Mushrooms - White
☒	Napa Cabbage
☐	Onions - Pearl
☐	Onions - Red
☒	Onions - Sweet
☐	Onions - Yellow
☒	Parsley
☒	Potatoes - Gold
☐	Potatoes - Red
☒	Potatoes - Russet
☒	Scallions
☒	Shallots
☒	Shoots Mix
☐	Snow Peas
☒	Spinach
☒	Squash - Butternut
☒	Squash - Spaghetti
☐	Squash - Zucchini
☒	Sweet Potatoes
☐	Thyme
☒	Tomatoes
☒	Tomatoes - Cherry
☒	Tomatoes - Heirloom
☐	Watermelon Radish

Fruit

☒	Bananas
☒	Blueberries
☒	Grapefruit-Rio Red
☐	Kiwi
☒	Lemons
☒	Limes
☒	Oranges
☒	Pears-Bartlett
☐	Pears-Olympic
☐	Pears-Red Anjou
☒	Clementines

☐	Red Grapes
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Apple Totes:

☒	Cortland
☒	Empire

Loose Apples:

☒	McIntosh
☒	Shamrock
☐	Snow Sweet

Dairy & Refrigerated

☒	*Califia Almond Milk	☒	Ice Cream
☒	*Califia Creamers	☒	Kefir
☒	*Ripple brand Milk	☒	Mozzarella (log)
☒	1% Milk (Mansfield Dairy)	☒	Parmesan
☒	2% Milk (Strafford)	☒	Ricotta
☒	Butter	☒	Sour Cream
☐	Cabot Cheddar (bar)	☒	Whole Milk (Mansfield Dairy)
☐	Cabot Cheddar (shredded)	☒	Whole Milk (Strafford)
☒	Cheddar Cheese (sliced, Organic Valley)	☐	Whole Milk (Sweet Rowen Farmstead)
☒	Cabot Monterey Jack (bar)	☒	Yogurt - Plain, Roger's Farmstead
☒	Cabot Monterey Jack (shredded)	☒	Yogurt - Maple, Roger's Farmstead
☒	Cabot Mozzarella (shredded)		
☒	Chocolate Milk		
☒	Cottage Cheese		
☒	Cream Cheese		
☒	Cream Top Milk (Sweet Rowen Farmstead)		
☒	Cream Top Milk (Strafford)		
☒	Eggs		
☒	Goat Milk		
☐	Greek Yogurt-Plain		
☒	Greek Yogurt-Vanilla		
☒	Half & Half		

Non-Dairy Products

☒	Cream Cheese
☒	Feta
☒	Parmesan
☒	Shredded Cheddar
☒	Shredded Mozzarella
☒	Shredded Parmesan
☒	Smoked Provolone
☒	Margarine
☒	Coconut Milk Yogurt
☒	Vegetarian

Meat - Poultry - Fish

Fresh

☐	Boneless Chicken Thigh
☒	Chicken Leg
☒	Cured Bacon
☒	Canadian Bacon
☒	Chicken Sausage
☒	Ground Beef
☐	Ground Turkey
☒	Hot Dogs
☒	Pork Sausage
☐	Salmon
☒	Sliced Ham
☒	Sliced Turkey
☒	Strip Steak
☒	Turkey Pepperoni
☒	Uncured Jasper Hill Bacon

Frozen

☒	Bove's Meatballs
☒	Chicken Patties/Nuggets
☒	Ground Turkey
☒	Rockfish
☒	Shrimp
☒	Smoked Salmon
☐	Ground Pork
☐	Chicken Leg (Misty Knoll)
☐	Strip Steak

Meat Alternatives

- ☒ Beyond Meat Crumbles
- ☒ Beyond Meat Patties
- ☒ Beyond Meat Sausage
- ☒ Dr.Praegers Veggie Burgers
- ☒ Field Roast Patties
- ☒ Field Roast Sausage
- ☒ Hilary's Breakfast Sausage
- ☒ Hilary's Veggie Burgers
- ☒ Organic Sunshine Veggie Burgers
- ☒ Quorn Meatless Fillets
- ☒ Rhapsody Tempeh
- ☒ Seitan
- ☒ Tofurkey Sausage

Household Items

- ☒ Dishwasher Detergent
- ☒ Dish Soap
- ☒ Dryer Sheets
- ☒ Fabric Softener
- ☒ Sponges
- ☒ Household Cleaners
- ☒ Laundry Detergent
- ☒ Napkins
- ☒ Paper Towels
- ☒ Shampoo & Conditioner
- ☒ Tissues
- ☒ Toilet Paper - single roll

Bulk Foods

Nuts

- ☒ Almonds
- ☒ Brazil Nuts
- ☒ Cashews
- ☒ Hazelnuts
- ☒ Mixed Nuts
- ☒ Peanut Butter
- ☒ Peanuts
- ☒ Pecans
- ☒ Pepitas
- ☒ Pistachios
- ☒ Sunflower Seeds
- ☒ Trail Mix
- ☒ Walnuts

Beans/Lentils

- ☒ Beans - Adzuki
- ☒ Beans - Black
- ☐ Beans - Cattle
- ☐ Lentils - Du Puy
- ☒ Beans - Garbanzo
- ☒ Beans - Great Northern
- ☒ Lentils - Green
- ☒ Beans - Kidney
- ☒ Beans - Mung
- ☒ Beans - Navy
- ☐ Beans - Pinto
- ☐ Lentils - Red

Rice

- ☒ Brown - Long Grain
- ☒ Brown - Short Grain
- ☒ Brown - Short Grain GF
- ☐ Jasmine
- ☒ Sushi

Flours

- ☒ Organic Buckwheat
- ☒ Organic Rye
- ☒ Organic Whole Wheat
- ☒ Stone Ground Whole Wheat
- ☐ White All Purpose
- ☒ White Winter Wheat Pastry
- ☒ Whole Wheat

Other Bulk Items

- ☒ Coffee
- ☒ Rolled Oats - Conventional
- ☒ Corn Meal
- ☒ Granola- Gluten Free, Local (various flavors)
- ☒ Nutritional Yeast (large flake)
- ☒ Oat Bran - Organic
- ☐ Rolled Oats - Organic
- ☒ Sesame Seeds - Organic
- ☒ White Quinoa - Organic
- ☒ Popcorn Kernels
- ☒ Rye Berries
- ☒ Steel Cut Oats
- ☒ Sugar - Organic

Health & Beauty

- ☒ Baby Wipes
- ☒ Deodorant
- ☒ Diapers
- ☒ Feminine Hygiene Products
- ☒ Hand Soap - Bar
- ☒ Hand Soap - Liquid
- ☒ Lotion
- ☒ Shampoo & Conditioner
- ☒ Shave Cream
- ☒ Toothbrushes
- ☒ Toothpaste

Grocery

- ☒ Apple Sauce
- ☒ Asian Sauces
- ☒ Beans - Canned
- ☒ Beans - Dried
- ☒ Bone Broth
- ☒ Boullion
- ☒ Canned Fish
- ☒ Canned Fruit
- ☒ Canned Tomatoes
- ☒ Cereal
- ☒ Chocolate Chips
- ☒ Coconut Milk
- ☒ Cookies
- ☒ Cooking Oil
- ☒ Couscous
- ☒ Crackers
- ☒ Crackers - GF
- ☒ Flour
- ☒ Flour - GF
- ☒ Grains
- ☒ Granola
- ☒ Jam
- ☒ Juice
- ☒ Ketchup

- ☒ Mayonnaise
- ☒ Mustard
- ☒ Non Dairy Milk
- ☒ Nori
- ☒ Nut Butters
- ☒ Oatmeal
- ☒ Olives
- ☒ Pasta
- ☒ Pasta - GF
- ☒ Pasta Sauce
- ☒ Pickles
- ☒ Rice
- ☒ Salad Dressings
- ☒ Salsa
- ☒ Salt
- ☒ Soup (limited options)
- ☒ Soy Sauce
- ☒ Spring Roll Skins
- ☒ Stock
- ☒ Sugar/Sweetners
- ☒ Tea
- ☒ Vinegar
- ☒ Yeast - Baking

Snacks/Treats

Chocolate:

- ☒ Alter Eco
- ☒ Chocolove
- ☒ Endangered Species
- ☒ Equal Exchange
- ☒ Farmhouse (bars and truffles)
- ☒ Green & Black
- ☒ Justin's Peanut Butter cups
- ☒ Lily's
- ☒ Nutty Steph's
- ☒ Ocho
- ☒ Ritter Sport
- ☒ Taza
- ☒ Theo
- ☒ Tony's Chocolonely

Other Treats:

- ☒ BarkTHINS
- ☒ Dandie's Marshmallows
- ☒ Real Fruit YoYo's
- ☒ RJ's Licorice-Original & Raspberry
- ☒ Smart Sweets Peach Rings
- ☒ Smart Sweets Sour Buddies
- ☒ Smart Sweets Sweet Fish
- ☒ YumEarth Lollipops (organic)

Cookies

- ☒ Cadia Maple Sandwiches
- ☒ Douglas Sweets Shortbread
- ☒ Enjoy Life brand Crunch Chocolate Chip (GF)
- ☒ Fig Newman's
- ☒ Goodie Girl brand Chocolate Creme (GF)
- ☒ Hit brand Cocoa Flavor Cookies
- ☒ McVitie's Digestives
- ☒ Newman-O's
- ☒ Sweet Crunch Classic Maple
- ☒ Walker brand Shortbread

Back to Nature:

- ☒ Chocolate Chunk
- ☒ Fudge Mint
- ☒ Fudge Striped
- ☒ Peanut Butter Creme

Tate's:

- ☒ Chocolate Chip
- ☒ Double Chocolate Chip
- ☒ Ginger Zinger (GF)
- ☒ Oatmeal Raisin (GF)
- ☒ White Chocolate Macadamia Nut

Chips (brand, type)

- ☒ Artisan Tropic: Cassava Chips
- ☒ Artisan Tropic: Plantain Chips
- ☒ Barbara's: Puffs
- ☒ Deep River: Honchos
- ☒ Deep River: Potato Chips (multiple flavors)
- ☒ Garden of Eatin': Blue Corn Chips
- ☒ Garden of Eatin': Red Corn Chips
- ☒ Garden of Eatin': Yellow Corn Chips
- ☒ GH Cretors: Flavored Popcorn
- ☒ Glutino: GF Pretzels
- ☒ Good Health: Peanut Butter Pretzels
- ☒ Good Health: Veggie Chips
- ☒ Hippeas: Puffs
- ☒ IncrediPuffs: Puffs

- ☒ Late July: Dipping Corn Chips
- ☒ Pirate's Booty (multiple flavors)
- ☒ Pretzel Pete: Pretzel Nuggets
- ☒ Sensible Portions: Veggie Straws
- ☒ Smart Puffs: Puffs
- ☒ Spuds: Vegan Puffs
- ☒ Terra: Root Vegetable Chips
- ☒ The Daily Crave: Veggie & Quinoa Chips
- ☒ Uglies: Potato Chips
- ☒ Unique: Pretzels
- ☒ Vegan Robs: Puffs
- ☒ Xochitl: Blue Corn Chips
- ☒ Xochitl: White Corn Chips

Frozen Treats

Coconut Bliss (Dairy Free)

- ✓ Coconut Bars
- ✓ Sea Salt Caramel Bars
- ✓ Chocolate Hazelnut - 1 Pt
- ✓ Sweet Cherry Amerreto - 1 Pt
- ✓ Vanilla - 1 Pt

Talenti:

- ✓ Double Dark Chocolate - 1 Pt
- ✓ Mango Sorbetto - 1 Pt
- ✓ Mediterranean Mint - 1 Pt
- ✓ Raspberry Sorbetto - 1 Pt

Strafford Ice Cream:

- ✓ Chocolate - 1 Pt
- ✓ Coffee - 1 Pt
- ✓ Ginger - 1 Pt
- ✓ Mocha - 1 Pt
- ✓ Strawberry - 1 Pt
- ✓ Vanilla - 1 Pt
- ✓ Wintermint - 1 Pt

Alden's Organics:

- ✓ Caramel Macchiato - 1 Pt
- ✓ Chocolate Chocolate Chip - 1.5 Qt
- ✓ Cookies & Cream - 1.5 Qt
- ✓ Midnight Cherry Chip - 1 Pt
- ✓ Road Trip - 1 Pt
- ✓ Salted Caramel - 1.5 Qt
- ✓ Sasquatch Tracks (PB Cup) - 1 Pt
- ✓ Strawberry - 1.5 Qt
- ✓ Vanilla - 1.5 Qt

Frozen Yogurt Bars:

- ✓ Chocolate Fudge
- ✓ Chocolate Chip Cookie Dough

Good Pops:

- ✓ Hibiscus Mint

Jolly Llama Sorbet Pops:

- ✓ Mango
- ✓ Strawberry

Vitamins & Supplements; coming soon

Wine & Beer; please see the photo gallery